

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Location Key: B – Bistro, AS -- Art Studio, CR -- Club Room, L – Lobby, MT -- Movie Theater, O – Outing, C -- Courtyard

February 2025

Types of Activities: Environmental, Intellectual, Spiritual, Social, Occupational, Physical, Emotional, Financial

<p>2</p> <p>10:00 Morning Fitness -- CR 10:30 Morning Mingles -- CR 11:00 Church Service -- MT 1:00 Open Art Studio -- AS 2:00 Bingo! -- B 6:30 Evening Movie: Resident Choice --MT</p> <p>Groundhog Day</p>	<p>3</p> <p>10:00 Morning Stretch-- CR 10:30 Crafty Corner (Card Making) -- AS 11:30 Aromatherapy -- CR 1:30 Wii Games Bowling -- CR 2:00 Chair Zumba -- B 2:45 Aromatherapy -- CR 3:30 Happy Hour/Dominoes-B 6:30 Evening Musical Monday Movie -- MT</p>	<p>4</p> <p>10:00 Seated Kickboxing-- CR 10:45 Snack - Tivity -- B 11:30 Black History Trivia -- B 1:30 *Shopping: Dollar Tree -O 3:30 Happy Hour/ Minute to Win It-B 6:30 Evening Movie -- MT</p>	<p>5</p> <p>10:30 Morning Cardio-- CR 11:00 Meditation/Relaxation- CR 11:15 Cornhole Competition --CR 1:15 Origami -- AS 2:00 *Walkers Club (At the Park) 3:30 Happy Hour & Bingo -- B 6:30 Resident Choice Movie --M</p>	<p>6</p> <p>10:00 Church Time Communion 10:45 Balloon Volleyball with MC- B 11:30 *Technology Support -- B 1:30 *Tour of Sunrise -- O 3:30 Happy Hour/ Manicures B 6:30 Evening Movie -- MT</p>	<p>7</p> <p>10:00 Strength Training -- B 10:30 Pickle Balloon Ball -- CR 1:30 Painting -- AS 2:30 Black Jack -- B 3:30 Destination Happy Hour :Mexico 6:00 Shabbat Service -- MT 6:30 Evening Movie -- MT</p>	<p>8</p> <p>10:00 Seated Workout -- CR 11:00 Wii Games -- CR 1:00 Walkers Club -- L 1:30 Open Art Studio -- AS 2:00 Aromatherapy -- CR 3:30 Entertainment: Stars Before Dark -- B 6:30 Evening Movie: Resident Choice-- MT</p>
<p>9</p> <p>10:00 Morning Fitness -- CR 10:30 Morning Mingles -- CR 11:00 Church Service -- MT 1:00 Open Art Studio -- AS 2:00 Bingo! -- B 3:30 Wii Games -- CR 6:30 Superbowl Sunday! -- MT</p>	<p>10</p> <p>10:00 Morning Stretch-- CR 10:30 Crafty Corner (Flower Crown) -- AS 11:30 Aromatherapy -- CR 1:30 Dinning Committee - DR 2:00 Chair Zumba -- B 2:45 Aromatherapy -- CR 3:30 Happy Hour/Dominoes-B 6:30 Evening Musical Monday Movie -- MT</p>	<p>11</p> <p>10:00 Seated Kickboxing-- CR 10:45 Snack - Tivity -- B 11:30 Valentines Day Trivia -- B 1:30 *Shopping: Ross --O 3:30 Happy Hour/ Minute to Win It-B 6:30 Evening Movie -- MT</p>	<p>12</p> <p>10:30 Morning Cardio-- CR 11:00 Meditation/Relaxation- CR 11:15 Cornhole Competition --CR 1:30 Origami -- AS 2:30 Activities Committee-- CR 3:00 Pet therapy with Bruno -- B 3:30 Happy Hour & Bingo -- B 6:30 Resident Choice Movie --M</p>	<p>13</p> <p>10:00 Church Time -- B 10:45 Balloon Volleyball with MC- B 11:30 *Technology Support -- B 1:30 *Tour of Fort Lauderdale O 3:30 Happy Hour/Games --B 6:30 Evening Movie -- MT</p>	<p>14</p> <p>10:00 Strength Training -- CR 11:00 Valentines Day Craft - CR 1:30 Painting -- AS 2:30 Poker -- B 3:30 Floats & Tunes with Mindy McGee -- B 6:00 Shabbat Service -- MT 6:30 Evening Movie -- MT</p>	<p>15</p> <p>10:00 Seated Workout -- CR 11:00 Aromatherapy -- CR 1:00 Walkers Club 1:30 Open Art Studio -- AS 2:00 Wii Games -- CR 3:30 Entertainment: Stars Before Dark -- B 6:30 Evening Movie: Resident Choice-- MT</p>
<p>16</p> <p>10:00 Morning Fitness -- CR 10:30 Morning Mingles -- CR 11:00 Church Service -- MT 1:00 Open Art Studio -- AS 2:00 Bingo! -- B 3:30 Wii Games -- CR 6:30 Evening Movie: Resident Choice --MT</p>	<p>17</p> <p>10:00 Morning Stretch-- CR 10:30 Crafty Corner (Clay Making) 11:30 Aromatherapy -- CR 1:30 Residents Council Meeting 2:00 Chair Zumba -- B 2:30 President's Day Trivia- B 3:30 Live Entertainment: Jaycee 6:30 Evening Musical Monday Movie -- MT Presidents' Day (U.S.)</p>	<p>18</p> <p>10:00 Seated Kickboxing-- CR 10:45 Snack - Tivity -- B 11:30 Black History Trivia -- B 1:30 *Shopping: Macy's -O 3:30 Happy Hour/ Minute to Win It-B 6:30 Evening Movie -- MT 8:00 NBA Allstar Game -- MT</p>	<p>19</p> <p>10:30 Morning Cardio-- CR 11:00 Meditation/Relaxation- CR 11:15 Cornhole Competition --CR 1:30 Origami -- AS 2:00 Listen to Your Heart -- MT 3:30 Happy Hour & Bingo -- B 6:30 Resident Choice Movie --M</p>	<p>20</p> <p>10:00 Church Time -- B 10:45 Balloon Volleyball with MC- B 11:30 *Technology Support -- B 1:30 *Tour of the Beach-- O 3:30 Happy Hour/ Manicures B 6:30 Evening Movie -- MT</p>	<p>21</p> <p>10:00 Strength Training -- B 10:30 Pickle Balloon Ball -- CR 11:30 Aromatherapy -- CR 1:30 Painting -- AS 2:30 Black Jack -- B 3:30 Destination Happy Hour :Greece 6:00 Shabbat Service -- MT 6:30 Evening Movie -- MT</p>	<p>22</p> <p>10:00 Seated Workout -- CR 11:00 Wii Games -- CR 1:00 Walkers Club 1:30 Open Art Studio -- AS 2:00 Aromatherapy -- CR 6:30 Evening Movie: Resident Choice-- MT</p>
<p>23</p> <p>10:00 Morning Fitness -- CR 10:30 Morning Mingles -- CR 11:00 Church Service -- MT 1:00 Open Art Studio -- AS 2:00 Bingo! -- B 3:30 Wii Games -- CR 6:30 Evening Movie: Resident Choice --MT</p>	<p>24</p> <p>10:00 Morning Stretch-- CR 10:30 Flower Arranging -- AS 11:30 Aromatherapy -- CR 1:30 Wii Games Golf -- CR 2:00 Chair Zumba -- B 2:45 Aromatherapy -- CR 3:30 Live Entertainment: James Perkowski --B 6:30 Evening Musical Monday Movie -- MT</p>	<p>25</p> <p>10:00 Seated Kickboxing-- CR 10:45 Snack - Tivity -- B 11:30 Black History Trivia -- B 1:30 *Shopping: Walmart --O 3:30 Happy Hour/ Minute to Win It-B 6:30 Evening Movie -- MT</p>	<p>26</p> <p>10:30 Morning Cardio-- CR 11:00 Meditation/Relaxation- CR 11:15 Cornhole Competition --CR 1:30 Origami -- AS 2:30 Ice Cream Social -- B 3:00 Pet therapy with Bruno -- B 3:30 Happy Hour & Bingo -- B 6:30 Resident Choice Movie --M</p>	<p>27</p> <p>10:00 Church Time -- B 10:45 Balloon Volleyball with MC- B 11:30 *Technology Support -- B 1:30 Wii Games Tennis -- CR 3:30 Happy Hour/Games --B 6:30 Evening Movie -- MT</p>	<p>28</p> <p>10:00 Strength Training -- B 11:15 *Flanigan's for Lunch -- O 1:30 Walkers Club-- L 2:30 Poker -- B 3:30 Happy Hour/Games --B 6:00 Shabbat Service -- MT 6:30 Evening Movie -- MT</p> <p>Ramadan Begins</p>	