

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Resident's Birthday Rose G-11/5 <p style="text-align: center; color: orange; font-weight: bold;">NOVEMBER 2024</p>	Location Keys Art Studio-AS Bistro-B Courtyard-CY Dining Room-DR Activity Room-AR		Activity Type Connection Creativity Mind Passion Spirituality Physical Visit Throughout the day, Program subject to change with notice.			
			Masterful Moment Purposeful Living		Diwali (Hindu)	
3 10:00 Morning Stretches-AR 10:30 Religious hour -livestream-LR 11:00 Being Refresh/Snack Chat-AR 11:20 Tic Toc Toe-AR 1:30 Trivia & Games with staff-LR 2:00 Being Refresh/Snack Chat-AR 3:00 Sing a Long with Staff-LR 6:30 Live Entertainment-B Daylight Saving Time Ends	4 10:00 Let's Get Fit-AR 10:30 Bean Bag Toss-AR 11:00 Being Refresh/Snack Chat-AR 11:20 You be the judge-AR 1:30 Pick a Prize Bingo-LR 2:00 Being Refresh/Snack Chat-AR 3:00 Keep the ball in the middle-AR 7:00 Wheel of Fortune-LR	5 10:30 Morning Stretches-AR 11:00 Being Refresh/ Snack Chat-AR 11:20 You be the judge-LR 1:30 Chair Volleyball-AR 2:00 Being Refresh/Snack Chat-AR 2:30 Puzzles and Games- AR 3:10 Aromatherapy/hand & shoulder rub-RR 7:00 Comedy Night-LR	6 10:30 Fit Body and Mind with Staff-AR 11:00 Being Refresh/Snack Chat-DR 11:20 Bowling -AR 1:30 Manicure with staff-LR 2:00 Being Refresh/Snack Chat-LR 2:30 Silver Strider walking Group-AR 3:00 Red Hat mama Reminiscing-AR 7:00 Resident movie choice-LR	7 10:00 Wisdom Circle w/ Pastor David 10:30 Chair Zumba-w/llenys-B 11:00 Being Refresh/Snack Chat-AR 1:30 Bowling- AR 2:00 Being Refresh/Snack Chat-AR 2:30 Dog Therapy--AS 3:00 Bingo-AR 7:00 Music with the rat pack-LR	8 10:00 Scenic Bus tour-Joy ride-OOO 11:00 Being Refresh/snack chat-LR 11:20 Finish the phrase-AR 1:30 Tic Toc Toe-AR 2:00 Being Refresh/Snack Chat-AR 2:30 Bean Bag Toss-AR 3:00 Karaoke happy hour-AR 6:00 Shabbat Service-Livestream-LR 7:00 Evening Movie -LR	9 10:30 Fitness for Life w/staff-AR 11:00 Being refresh/snack chat-AR 11:20 Bowling-AR 1:30 Balloon Volleyball-AR 2:00 Being Refresh/snack chat-AR 2:30 Aromatherapy Hand Message-AR 3:00 Chicken soup for the soul-LR 7:00 Comedy Night-LR
10 10:00 Morning Stretches-AR 10:30 Religious hour -livestream-LR 11:00 Being Refresh/Snack Chat-AR 11:20 Tic Toc Toe-AR 1:30 Trivia & Games with staff-LR 2:00 Being Refresh/Snack Chat-AR 3:00 Sing a Long with Staff-LR 7:00 Hallmark Movie Night-LR	11 10:00 Let's Get Fit-AR 10:30 Bean Bag Toss-AR 11:00 Being Refresh/Snack Chat-AR 11:20 You be the judge-AR 1:30 Pick a Prize Bingo-LR 2:00 Being Refresh/Snack Chat-AR 3:00 Keep the ball in the middle-AR 7:00 Wheel of Fortune-LR Veterans Day Remembrance Day (Canada)	12 10:30 Morning Stretch-AR 11:00 Being Refresh/ Snack Chat-AR 11:20 You be the judge-LR 1:30 Chair Volleyball-AR 2:00 Being Refresh/Snack Chat-AR 2:30 Puzzles and Games- AR 3:10 Aromatherapy/hand & shoulder rub-RR 7:00 Comedy Night-LR	13 Food committee meeting at 1:30pm 10:30 Fit Body and Mind with Staff-AR 11:00 Being Refresh/Snack Chat-DR 11:20 Bowling -AR 1:30 Manicure with staff-LR 2:00 Being Refresh/Snack Chat-LR 2:30 Silver Strider walking Group-AR 3:00 Red Hat mama Reminiscing-AR 7:00 Resident movie choice-LR	14 10:00 Wisdom Circle w/ Pastor David 10:30 Chair Zumba-w/llenys-B 11:00 Being Refresh/Snack Chat-AR 1:30 Bowling- AR 2:00 Being Refresh/Snack Chat-AR 2:30 Crafty Creation Corner--AS 3:00 Bingo-AR 7:00 Music with the rat pack-LR	15 10:00 Scenic Bus tour-Joy ride-OOO 11:00 Being Refresh/snack chat-LR 11:20 Finish the phrase-AR 1:30 Tic Toc Toe-AR 2:00 Being Refresh/Snack Chat-AR 2:30 Bean Bag Toss-AR 3:00 Karaoke happy hour-AR 6:00 Shabbat Service-Livestream-LR 7:00 Evening Movie -LR	16 10:30 Fitness for Life w/staff-AR 11:00 Being refresh/snack chat-AR 11:20 Bowling-AR 1:30 Balloon Volleyball-AR 2:00 Being Refresh/snack chat-AR 2:30 Aromatherapy Hand Message-AR 3:00 Chicken soup for the soul-LR 7:00 Comedy Night-LR
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